



September Events

Nishiyamada Chiku Kouminkan 2021

Tel and Fax 06-6876-9933 <http://nishiyamadacc.client.jp/>

Be kindly informed. The rooms can be used on the following conditions.

1. To keep the room ventilated.
2. To hand in an application form in advance with the names of all the entrance persons of the room.
3. To keep the capacity of the room: 14 persons for the large conference room, 10 for the small one, 4 for No.1 Japanese room, 5 for No.2 Japanese room and 10 for the cooking room.
4. Each entrance person to wear a face mask and to wash hands with antiseptic solution.
5. Each person to check its body temperature.

"JAPANESE LANGUAGE CLASS"

Dates & times: 【Wednesday classes】 Sept.1.8.15.22.29 (Wed.) 10:30~12:00

【Saturday classes】 Sept.4.11.18.25(Sat.) 14:00~15:30

This class provides anyone who come from abroad and likes to speak and write Japanese with the opportunities.

You will enjoy learning Japanese language in friendly and family-like atmosphere.

Come and join the class. Fee: 100 yen per person per class. Reservation: Required.

"IDOBATAKURABU" Let's Chatting... Meet new friends and enjoy chit-chatting

Date & Time: **Sept.16th** (Thu) 13:30~15:00 (The date has changed)

* For those who is planning to join for the first time , please let us know in advance.

Place: Nishiyamada Community Space

Fee: FREE of Charge Things to bring: water or tea

Hon no Hiroba ~ Let's have a fun time together ~ Stroytelling & Creative Activitiy for elementary school age children.

1st & 2nd Grade children must be accompanied by parents.

Date & Time: Sept.11th. (Sat) 14:00~15:00

Application Date: Sept.1st. (Wed)10:30~ *Application in advance is needed

By Yamada Library staff & Ms.Tomoko Uchiyama Capacity: Max 10 people

Fee: FREE of Charge Things to bring: water or tea ★The event corner is cancelled.



Homepage

Please look at the URL/link

Instagram

Please check nishiyamada__hoppo



Closed on September 7.14.20.21.23.28

Let's Stretch & Move to stay healthy

Date & Time: Sept 15th (Wed) 10:30~12:00

Application Date: Sept.1st (Wed) 10:30~

*Application in advance is needed

Exercises keep us young, improve our immunity and may extend our lifespan.

Join us to help you refreshing your body and soul during this self-restraint period.

Place: Yamada Community Space

By Ms. Hitomi Tuji (aerobics instructor)

* Don't forget to bring water or tea , towel, comfortable clothes & shoes .

"Let's Enjoy English!"

Every time, we enjoy speaking English. Let's have a good time for a while with us in English !

① "The lower class" is for anyone who has just started or resumed learning English and likes to speak it.

② "The upper class" is for anyone who likes to learn something more of English. You can join either class.

You will not only learn the language but also learn a touch of foreign culture.

By : Mr. Justin Lucero Capacity : 10 persons

Application Date: Sept.1st. (Wed)10:30 ~

Things to bring : water or tea Fee: FREE of Charge

Date & Time Sept.18th. (Sat.) ①10:00 ~ 11:00 ②11:15 ~ 12:15

Classical Music Seminar

Igor Stravinsky, Russian-born composer ,one of the greatest representatives of world musical culture of the 20th century. To mark the 50th anniversary of the Stravinsky's death, we will introduce the below:

① 3 movements from Petrushka ② fireworks Op.4 ③ Symphony of Psalms

Date & Time: Sept.25rd. (Sat) 14:00~16:30 Application Date: Sept.1st. (Wed) 10:30~

*Application in advance is needed Capacity: Max 10 people

By Mr. Kazuhide Takahash Fee: FREE of Charge Things to bring: water or tea

Tips to boost your immune system

Date & Time: Sept 26th (Sun) 14:00~16:00

Application Date: Sept.1st (Wed) 10:30~

*Application in advance is needed

Maintaining a healthy gut contributes to better overall health and immune function.

By making appropriate lifestyle and dietary changes, people can alter the diversity and number of microbes in their gut for the better.

By Ms. Toshiko Okanumai (Pharmacist)

Capacity: Max 10 people

Fee: FREE of Charge Things to bring: water or tea